BSCP Self Harm guidance appendix Schools Only

Management of Health and Safety at work regulations General Risk Assessment - Form RA2

Ref no RA

Name of establishment:

Risk assessment for student who is self-harming in school

Student’s name:

It is necessary to undertake a risk assessment to identify the risks to { insert name of student }, other students and staff in the light of { insert name of student } self-harming on the school site.

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| Potential problem | Risk | Measures to reduce the risk |
| * Dangerous implements such as blades being brought into school | * Serious injury to self, other students or staff at school. * Primary children: risk to very young children inadvertently accessing implements. * Cleaners may inadvertently hurt themselves. | * Student is reminded of School’s behaviour policy and zero tolerance to such items being brought into school. * Student may be asked to present him/herself at { insert location } and be asked to show that bag/locker does not contain such items. |
| * Student self-harming on the school site between lessons and at break and lunch time | * Serious injury to self and related impact on other students and members of staff. * The student becomes increasingly socially isolated and withdrawn; spiral of self- harm increases. * Financial cost of staff resource to escort student   / supervise student is not sustainable | * Student has explained to him/ her the impact of self-harming on school site and is expected to take her/himself to { insert location } if s/he feels that s/ he may self-harm, and use   the strategies that s/he has been given and/or contact the health professionals from whom s/he is receiving treatment   * Student is expected to share issues with appropriate adults not peers * Student must be open with parents and not come to school if s/he feels at risk in the morning * If necessary school will ask parent/carer to collect student from school |

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| Potential problem | Risk | Measures to reduce the risk |
| * Student leaves the classroom during the lesson in order to self-harm. | * While unsupervised, the student may self-harm. * Agitated student effectively forced to remain in an environment s/he is endeavouring to leave - s/he may hurt him/herself, other students or staff in the interim. * Student may abscond from classroom * Financial cost of staff resource to escort students   / supervise student is not sustainable. | * Student has explained to her/ him the impact of self-harming on school site and is expected to use a Green Card to take her/himself to {insert location} if s/he feels that s/he may self- harm and use the strategies that s/he has been given and/ or contact the health profes- sionals from whom s/he is receiving treatment * Student is expected to share issues with appropriate adults and not peers * Student must be open with parents/carers and not come to school if s/he feels at risk in the morning * If necessary school will ask- parent/carer to collect student from school |
| * Student has overwhelm- ing urge to self-harm while at school leading to volatile behaviour | * Student may ‘run away’ / abscond in school to carry out the urges to self-harm, without any consideration for her/his own or others’ safety. * Staff are deployed to seek him/her out when this occurs (in pairs) posing a risk to themselves physically and emotionally. * Risk that other students see attempts at self-harming and are emotionally impacted. * Students urges increase and s/he is becoming increasingly reckless in decision making about self-harming. | * School will seek professional help and reassurance that student is fit to be at school |
| * Current friendship group of the student is reinforcing negative behaviours. | * Student is finding it very difficult to break out of the cycle of self-harming. | * Contact CAMHS to discuss situation and next steps |
| * Student is targeting other vulnerable students to draw them into self-harming | * Self-harming culture created: increased numbers of students involved. * Higher risks to personal and general safety. | * Contact CAMHS to discuss situation and next steps |

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| Potential problem | Risk | Measures to reduce the risk |
| * Admissions of suicidal thoughts and intent to staff | * Student may attempt to take his/her own life while on the school site. | * Parents/carers contacted   to advise them of thoughts / intent.   * Seek urgent medical advice   e.g. from GP or 111. In a medical emergency, i.e. the student is unconscious / hav- ing difficulty breathing / there is severe bleeding call 999 |
| * Student may attempt to leave the school site in order to self-harm | * Serious injury to self and exposure to vulnerable situations * Self-harming takes place away from school | * Student expected to engage in all forms of academic and pastoral support within and beyond the school * Parents must be contactable if student is discovered to have left the school site / not ar- rived at school in the morning. |
| * Student unable to engage with education | * Student does not achieve full potential. | * Student expected to engage in all forms of academic and pastoral support within and beyond the school including in-house mentoring programme, PSP, CAMHS, MIND, Outreach Support, for example PRU. |

Signed:: ....................................................(Student)Date: .................................

Signed:: ....................................................(Member of staff)Date: .................................

Signed:: ....................................................(Parent/ Carer)Date: .................................