

Flow diagram for dealing with self-harm within Buckinghamshire schools February 2022

Talk/Listen to student/s

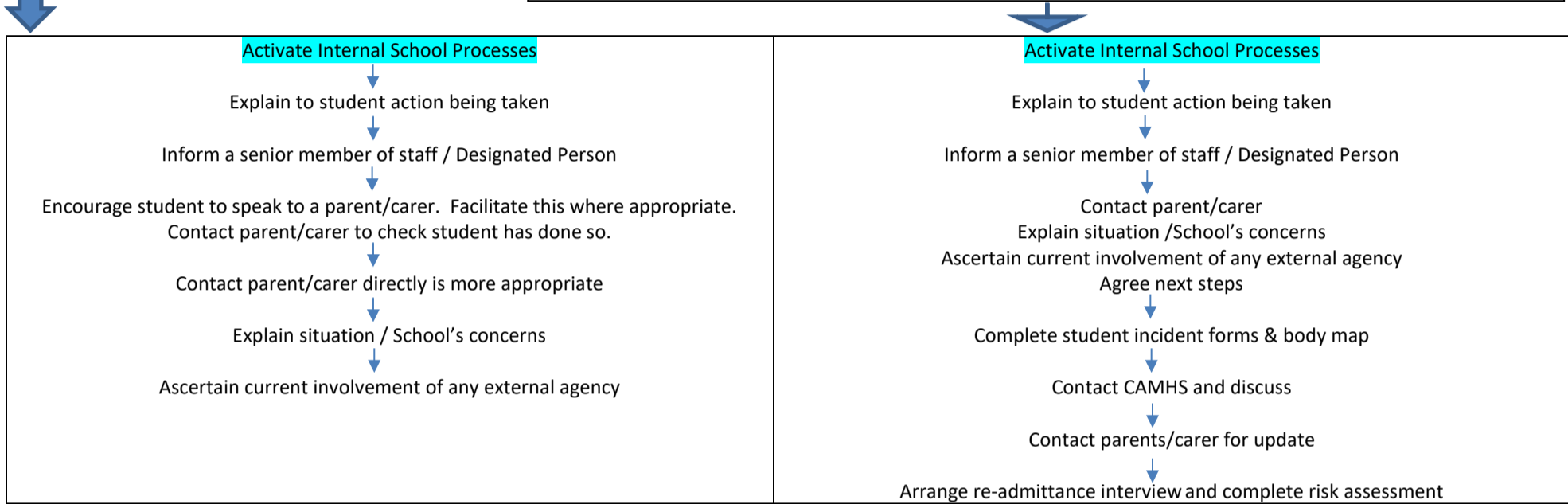


Assess immediate risk

If child protection/safeguarding concerns initiate local Child Protection Procedures



Lower	Medium	Higher
<ul style="list-style-type: none"> • Superficial wounds • Old / copycat wounds 	<ul style="list-style-type: none"> • Self-harm wound requiring medical attention 	<ul style="list-style-type: none"> • Overdose attempt (suspected or actual) • Suicidal thoughts / tendencies / actions
Increased and additional risk from: Use of alcohol or drugs. Child protection or safeguarding issues. Other risky behaviours		
Seek urgent medical advice e.g. from GP or 111. In a medical emergency, i.e. the student is unconscious / having difficulty breathing / there is severe bleeding, call 999		



- Discuss / reiterate options
1. Give student information and identify support network
 2. Consider weekly meetings with staff member/ Pastoral Support Programme / mentoring
 3. Is a CAMHS referral needed? Ring CAMHS prior to making referral if not already done so
 4. Consider referral to voluntary sector/third party agency – See Useful Contacts in BSCP Self Harm Guidance Time to Talk (counselling) Youth Enquiry Service (counselling) Connexions Bucks Buckinghamshire MIND Youth Access
 5. Who is in best position to make referral; School, School Nurse or GP

Send follow-up letter to parent/carer with information leaflet

Notify pastoral and academic staff accordingly

Notify Community School Nurse

Update 'Names to Know' list

Situation is resolved	Situation continues/reappears		Non-compliance
	Referral not previously made	Referral made previously	
	Communicate concerns to parent/carer		
Continue to monitor student's behaviour / wellbeing Update 'Need to know' list	Revisit options (see above and BSCP Self Harm guidance) Seek advice from CAHMS on most appropriate referral route Refer Monitor Update 'Need to know list'	Ring CAMHS, check status of referral and current provision and share concerns Communicate concerns, in writing, to named lead professional at external agency Notify Community School Nurse Maintain a 'watching brief' If problems persist, request a multi-agency meeting If situation continues, escalate concerns, in writing, to named senior manager in external agency and copy to Headteacher Update 'Need to know' list	Revisit options (see above) Re-state School expectations to school and parent/carer Complete risk assessment Refer Or check status of referral Update 'Need to know' list

This guidance is written in the following context- This document was arrived at after careful consideration of the evidence available including but not exclusively NICE, SIGN, EBM data and NHS evidence as applicable. Professionals are expected to take it into account when exercising their judgement. Thus guidance does not however, override the individual responsibility of professionals to make decisions appropriate to the circumstances of the individual.